

VIRTUAL CPD CONFERENCE



HEALTH SCIENCES
Continuing Health Sciences
Education

DEPARTMENT OF
Medicine
Geriatric Medicine



10th Annual Update in **GERIATRICS**

“Evidence-Based Highlights”

Accredited for up to
5.25
Mainpro+ &
MOC Section 1



Wednesday, November 18, 2020

Time: 08:30–15:45 EDT GMT-4

Platform: Zoom

Target Audience

Family Physicians, General Internal Medicine Physicians, Physician Assistants, Nurses, Occupational Therapists, Physiotherapists, Social Workers, Pharmacists, Other Health Care Professionals, Students, and Residents.

Learning Objectives

At the end of this learning activity the learners will be able to:

- Improve the care of older adults by applying evidence-based approaches to important geriatric topics, including delirium, dementia, substance use disorders, homelessness and exercise.
- Articulate ways in which the COVID-19 pandemic has shaped the health and illness experiences of older adults.
- Share acquired practical knowledge with colleagues within and across sectors and settings.



Register online @ UpdateInGeriatrics.ca



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Agenda Time zone: EDT GMT-4

08:30–09:00	Participant login	12:15–12:40	LUNCH
09:00–09:10	Welcome Indigenous Acknowledgement Instructions Dr. Sharon Marr	12:40–12:55	Falls in Older Adults Dr. Mimi Wang
09:10–09:40	Keynote: Delirium Prevention in Older Adults Dr. Fred Rubin	12:55–13:05	Q & A
09:40–09:50	Q & A	13:05–13:20	Frailty Dr. Justin Lee
09:50–10:05	Polypharmacy and De-prescribing Dr. Joanne Ho	13:20–13:30	Q & A
10:05–10:15	Q & A	13:30–13:45	Aging and Exercise Dr. Michelle Kho
10:15–10:30	Substance Use Disorder – Review of Relevant Topics in Older Adults and the National Best Practice Guidelines Dr. Jonathan Bertram	13:45–13:55	Q & A
10:30–10:40	Q & A	13:55–14:10	MID-AFTERNOON BREAK
10:40–10:55	MID-MORNING BREAK	14:10–14:20	GERAS DANCE DEMO
10:55–11:00	ZUMBA / STRETCH BREAK	14:20–14:35	Diagnosing Dementia Dr. Christopher Patterson
11:00–11:15	Depression in Older Adults Dr. Sophiya Benjamin	14:35–14:45	Q & A
11:15–11:25	Q & A	14:45–15:00	Evidence-Based Strategies for Dementia-Related Behaviours Dr. Jennifer Watt
11:25–11:40	Older Adults and Homelessness Dr. Jill Wiwcharuk	15:00–15:10	Q & A
11:40–11:50	Q & A	15:10–15:25	MAID and Dementia Dr. William Harper
11:50–12:05	Osteoporosis and Fractures: Evidence-Based Approaches Dr. Alexandra Papaioannou	15:25–15:35	Q & A
12:05–12:15	Q & A	15:35–15:45	Closing Remarks / Evaluation

* Activity subject to change



Accreditation Statements

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of **The College of Family Physicians of Canada** and has been certified by McMaster University, Continuing Health Sciences Education Program for up to **5.25 Mainpro+ credits**.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of**

Physicians and Surgeons of Canada and approved by McMaster University, Continuing Health Sciences Education Program. You may claim a maximum of **5.25 hours** (credits are automatically calculated).

Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: ama-assn.org/go/internationalcme.

Each healthcare provider should claim only those hours of credit that they actually spent in the educational activity.

Planning Committee

Co-Chair - **Sharon Marr, BSc, MD, FRCPC, MEd**
Associate Professor, Division of Geriatric Medicine
St. Peter's / McMaster University Chair in Aging
Department of Medicine, McMaster University Chair of RGPc

Co-Chair - **Alexandra Papaioannou, BScN, MD, MSc, FRCPC, FACP**
Professor, Division of Geriatric
Medicine Department of Medicine, McMaster University
Chairholder, Eli Lilly Canada Chair in Osteoporosis
Scientific Director GERAS Centre

Co-Chair
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Professor, Division of Geriatric Medicine
Department of Medicine, McMaster University

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Registration Information



REGISTER ONLINE @
UpdateInGeriatrics.ca

REGISTRATION FEES *HST# 11903 5988 RT0001

Physicians / Other Health Care Professionals
\$150.00 +HST

Student / Residents
\$75.00 +HST

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

ACCESSIBILITY

If you have an accommodation need, please e-mail or call us to make the appropriate arrangements.

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Health Sciences Education Program requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

CANCELLATION POLICY

The University reserves the right to cancel an activity due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **NOVEMBER 4, 2020** will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

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