

14th McMaster University Review Course in **INTERNAL MEDICINE**



HEALTH SCIENCES
Continuing Professional
Development



Virtual CPD Conference

REGISTER ONLINE mcmasterinternalmedicine.ca



SESSION DATES INCLUDE

**January 26, February 23, March 23, April 20, May 25, June 22,
September 21, October 19, and November 23, 2023**

TARGET AUDIENCE

General Internists, Subspecialists, Emergency Medicine Physicians, Hospitalists, Community Physicians, Family Physicians, General Practitioners, Interns, Residents, Physician Assistants, Nurse Practitioners and Trainees in Internal Medicine and its Subspecialties.

ONLINE PLATFORM

The 2023 virtual course will consist of 9 half-day sessions that will occur once a month on Thursday afternoon from 3:00–6:00 pm EST. Each half-day session will have 6 topics on Updates in Internal Medicine and will begin in January 2023. Registrants can register for one session, three sessions, six sessions, or all nine sessions.

FOR MORE INFORMATION

McMaster University, Continuing Professional Development
Carol Stewart, CMP, Event Coordinator
castewa@mcmaster.ca | 905-525-9140 x 20051

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

1. Develop practical approach to medical problems in various disciplines of medicine encountered by hospital based practitioners.
2. Develop practical approach to medical problems from various disciplines of medicine encountered in ambulatory settings.
3. Appreciate the breadth of internal medicine problems faced by clinicians.
4. Apply updates in the management of common problems encountered in internal medicine in the management of patients

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McMaster University

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Carol Stewart

Event Coordinator
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Thursday, January 26, 2023

- 2:50 pm–3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm Evidence Based Guided Management After Acute Coronary Syndrome
Douglas Wright, Associate Professor
- 3:27 pm–3:54 pm Managing Chronic Kidney Disease in the Community
Robert Yang, Associate Professor
- 3:54 pm–4:20 pm Managing Community and Hospital Acquired Pneumonia
Nishma Singhal, Associate Professor
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Long Covid — if it exists and what is it
Haroon Yousuf, Assistant Professor
- 5:07 pm–5:34 pm Parkinson's Disease: what a non-neurologist need to know
M. Thomas de Freitas, Assistant Professor
- 5:34 pm–6:00 pm Ethics of Triage in ICU
Simon Oczkowski, Associate Professor

Thursday, February 23, 2023

- 2:50 pm–3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm Managing Atrial Fibrillation 2023
David Conen, Associate Professor
- 3:27 pm–3:54 pm Harm and Benefit of Alcohol
Anne Holbrook, Professor
- 3:54 pm–4:20 pm MGUS and Myeloma Update
Mohammed Ebraheem
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Update on Initial Management and Work Up of Seizure
Michelle Shapiro, Associate Professor
- 5:07 pm–5:34 pm Lipids — What is New and Who to Treat
Guillaume Pare, Professor
- 5:34 pm–6:00 pm Common Ophthalmological Emergencies
Mark Fava, Assistant Clinical Professor

*Activity subject to change

**For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

Thursday, March 23, 2023

2:50 pm–3:00 pm	Welcome and Introductions
3:00 pm–3:27 pm	Diabetes Management and Technology: Pumps, Closed loop, Continuous Glucose Monitoring Zubin Punthakee, Associate Professor
3:27 pm–3:54 pm	Stroke Review 2023 Luciana Catanese, Assistant Professor
3:54 pm–4:20 pm	Update in Obesity Management Tony Chetty, Associate Professor
4:20 pm–4:40 pm	Break
4:40 pm–5:07 pm	SLE Update Kimberly Legault, Associate Professor
5:07 pm–5:34 pm	Approach and Management of Hyponatremia Ally Prebtani, Professor
5:34 pm–6:00 pm	Fluid Resuscitation in Shock Bram Rochweg, Associate Professor

Thursday, April 20, 2023

2:50 pm–3:00 pm	Welcome and Introductions
3:00 pm–3:27 pm	Managing VTE 2023 Sam Schulman, Professor
3:27 pm–3:54 pm	Practical Approach to Lymphadenopathy TBA
3:54 pm–4:20 pm	Recommended Adult Immunization Dominik Mertz, Associate Professor
4:20 pm–4:40 pm	Break
4:40 pm–5:07 pm	Oncological Emergencies Haider Samawi, Assistant Professor
5:07 pm–5:34 pm	Approach to Elevated Ferritin Michelle Zeller, Associate Professor
5:34 pm–6:00 pm	Managing Behavioral Issues in Patients with Dementia Trish Woo, Associate Professor

*Activity subject to change

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Thursday, May 25, 2023

- 2:50 pm–3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm Myocardial Infarction with Noncardiac Surgery (MINS)
PJ Devereaux, Professor
- 3:27 pm–3:54 pm 2023 Management of Seasonal Allergies
Susan Waserman, Professor
- 3:54 pm–4:20 pm Management of Vertebral Compression Fracture
Aliya Khan, Clinical Professor
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Abnormal Value on CBC: when (and when not) to worry
Siraj Mithoowani, Assistant Professor
- 5:07 pm–5:34 pm Management of Pulmonary Hypertension
Nathan Hambly, Associate Professor
- 5:34 pm–6:00 pm Management of Pressure ulcers and Lower Extremity Ulcers
Eva Piessens, Professor

Thursday, June 22, 2023

- 2:50 pm–3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm CHF Update
Katherine Connolly, Assistant Professor
- 3:27 pm–3:54 pm Drugs in Elderly
Justin Lee, Assistant Professor
- 3:54 pm–4:20 pm Update on Pancreatitis
Frances Tse, Associate Professor
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Working up a Patient with Weight Loss
Jason Cheung, Associate Professor
- 5:07 pm–5:34 pm Management of Sleep Apnea and Hypoventilation Syndrome
Madhu Chari, Assistant Professor
- 5:34 pm–6:00 pm Management of a Patient with Opioid addiction in ED
Lauren Cook-Chaimowitz

*Activity subject to change

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Thursday, September 21, 2023

- 2:50 pm–3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm Interpreting Abnormal Thyroid Test
William Harper, Associate Professor
- 3:27 pm–3:54 pm Cardiorenal Syndrome
Azim Gangji, Professor
- 3:54 pm–4:20 pm Postural Hypotension
Juan Guzman, Associate Professor
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Current Management Of Helicobacter Pylori Infection
Paul Moayyedi, Professor
- 5:07 pm–5:34 pm Management of Hemorrhagic Stroke and Non Operative Intracranial Bleed
Ashkan Shoemanesh, Associate Professor
- 5:34 pm–6:00 pm Recognizing the Long-Term Consequences of Surviving Critical Illness:
How to Identify Issues and Support Patients and Caregivers
Jill Rudkowski, Associate Professor

Thursday, October 19, 2023

- 2:50 pm –3:00 pm **Welcome and Introductions**
- 3:00 pm–3:27 pm How To Recognize a Trustworthy Practice Guideline
Gordon Guyatt, Professor
- 3:27 pm–3:54 pm Approach To Vertigo: How To Manage
Marcus Mazurek, Assistant Professor
- 3:54 pm–4:20 pm What is Optimal Nephron Protection In Patients With Chronic Kidney Disease
Meera Joseph, Assistant Professor
- 4:20 pm–4:40 pm **Break**
- 4:40 pm–5:07 pm Managing COPD: Can we reduce disease progression and reduce mortality in COPD
Andrew McIvor, Professor
- 5:07 pm–5:34 pm Thrombophilia: when and how to investigate
Shannon Bates, Professor
- 5:34 pm–6:00 pm Role of Early Discharge and Virtual Monitoring
Mohamed Panju, Associate Professor

*Activity subject to change

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Thursday, November 23, 2023

2:50 pm–3:00 pm	Welcome and Introductions
3:00 pm–3:27 pm	ECMO 101 for the Non Intensivist Faizan Amin, Assistant Professor
3:27 pm–3:54 pm	Approach to Assessment and Management of Bacteremia Nishma Singhal, Associate Professor
3:54 pm–4:20 pm	Evidence-Based Approach to Ordering Imaging (Choosing Wisely) Julian Dobranowski, Professor
4:20 pm–4:40 pm	Break
4:40 pm–5:07 pm	Colonic Polyps: diagnosis, management and post polypectomy surveillance Paul Moayyedi, Professor
5:07 pm–5:34 pm	Management of Glucocorticoid Induced Adrenal Insufficiency Ally Prebtani, Professor
5:34 pm–6:00 pm	Pitfalls of Antibiotic Therapy in Elderly Patients With Comorbidities: practical guides to increase safety and efficacy Shariq Haider, Professor

*Activity subject to change

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Accreditation Statements

McMaster University, Continuing Professional Development Program (CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group-Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the McMaster University Continuing Professional Development Program for up to **27 Mainpro+ credits**.

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by McMaster University Continuing Professional Development Program. You may claim a maximum of **27 MOC Section 1 hours** (credits are automatically calculated).

Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

Each attendee should only claim the hours they attended.

REGISTRATION INFORMATION

REGISTER ONLINE

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cmereg@mcmaster.ca

905-525-9140 x 22671

CONFERENCE INFORMATION

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LIABILITY

Continuing Professional Development (CPD) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received **14 days prior** to the date of the session will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CPD office.



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DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Professional Development Office requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

ACCESSIBILITY NEEDS

If you have an accommodation need, please e-mail cme@mcmaster.ca to make arrangements.

VIDEO RECORDINGS

This event will be recorded and participants will receive access to the video recordings after the event for a period of 6 months. However, only participants who log into the live virtual event are eligible to receive a certificate of attendance for CME credits.

REGISTRATION FEES

*HST# 11903 5988 RT0001

Full Fee (Nine sessions)

Physicians \$450.00 + HST

Other Health Care/Learners \$315.00 + HST

Six Day Rate

Physicians \$300.00 + HST

Other Health Care/Learners \$210.00 + HST

Three Day Rate

Physicians \$165.00 + HST

Other Health Care/Learners \$105.00 + HST

One Day Rate

Physicians \$65.00 + HST

Other Health Care/Learners \$40.00 + HST

Register: mcmasterinternalmedicine.ca