

12<sup>th</sup> McMaster University Review Course in  
**INTERNAL MEDICINE**  
September 23, October 21, November 18, 2021

VIRTUAL CPD CONFERENCE



Register online: [mcmasterinternalmedicine.ca](https://mcmasterinternalmedicine.ca)



**HEALTH SCIENCES**  
Continuing Professional  
Development



Michael G. DeGroot  
SCHOOL OF MEDICINE

St. Joseph's  
Healthcare Hamilton



### Target Audience

General Internists, Subspecialists, Emergency Medicine Physicians, Hospitalists, Community Physicians, Family Physicians, General Practitioners, Interns, Residents, Physician Assistants, Nurse Practitioners and Trainees in Internal Medicine and its Subspecialties

### Online Platform

The fall 2021 virtual course will consist of **3 half day** sessions that will occur once a month on a Thursday afternoon from 3:00 – 6:00 pm Eastern Standard Time. Each half day session will have 6 topics on Updates in Internal Medicine and will begin in **September 2021**. Registrants will have an option to register for an individual session or all three sessions.

### For More Information

McMaster University, Continuing Professional Development  
Angela Silla, Lead Event Coordinator  
[silla@mcmaster.ca](mailto:silla@mcmaster.ca)

## LEARNING OBJECTIVES

By attending this activity, participants will be able to:

1. Apply a practical approach to the diagnosis and management of common problems encountered in hospital-based internal medicine practice.
2. Apply a practical approach to the diagnosis and management of common internal medicine problems encountered in the ambulatory care setting.
3. Integrate updates in evidence-based practice to enhance patient care Identify recent advances and controversies in internal medicine.

## DIRECTOR & CHAIR

### **Dr. Akbar A. Panju**

Medard DeGroot Chair  
Professor, Department of Medicine  
McMaster University

## CO CHAIRS

### **Paul O'Byrne**

Dean and Vice-President  
Faculty of Health Sciences  
McMaster University

### **Khalid Azzam**

Professor  
Department of Medicine  
McMaster University

### **Mark Crowther**

Professor and Chair  
Department of Medicine  
McMaster University

### **Ally P. H. Prebtani**

Professor  
Department of Medicine  
McMaster University

### **Nishma Singhal**

Associate Professor  
McMaster University

## PLANNING COMMITTEE

### **John Neary**

Associate Professor  
McMaster University

### **Marianne Talman**

Associate Professor  
McMaster University

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### **Danielle Stayzer**

Manager  
Continuing Professional  
Development Office (CPD)  
McMaster University

### **Angela Silla**

Lead Event Coordinator  
Continuing Professional  
Development Office (CPD)  
McMaster University

## Thursday, September 23, 2021

- 2:50 pm – 3:00 pm Welcome
- 3:00 pm – 3:27 pm Newer treatment approaches for Asthma  
**Helen Neighbour, Associate Professor**
- 3:27 pm – 3:54 pm HIV/AIDS Update  
**Phillippe El-Helou, Associate Professor**
- 3:54 pm – 4:20 pm Managing Hypertension: is there anything new?  
**Ally Prebtani, Professor**
- 4:20 pm – 4:40 pm **BREAK**
- 4:40 pm – 5:07 pm An Approach to patient presenting with Syncope  
**Juan Guzman, Associate Professor**
- 5:07 pm – 5:34 pm Approach to Insomnia in seniors  
**Brian Misiaszek, Associate Professor**
- 5:34 pm – 6:00 pm Covid-19 Lessons Learned  
**Zain Chagla, Associate Professor**

## Thursday, October 21, 2021

- 2:50 pm – 3:00 pm Welcome
- 3:00 pm – 3:27 pm Management of PAD and when to refer to a vascular surgeon  
**Theodore Rapanos, Associate Professor**
- 3:27 pm – 3:54 pm Myeloproliferative malignancies for the non hematologist  
**Chris Hillis, Assistant Professor**
- 3:54 pm – 4:20 pm An approach to a patient with peripheral neuropathy  
**Steven Baker, Associate Professor**
- 4:20 pm – 4:40 pm **BREAK**
- 4:40 pm – 5:07 pm An approach to a patient with unexplained weight loss  
**Jason Cheung, Associate Professor**
- 5:07 pm – 5:34 pm Hemodialysis and peritoneal dialysis for the non nephrologist  
**Matthew Lanktree, Assistant Professor**
- 5:34 pm – 6:00 pm Principles of inpatient addiction medicine  
**Leslie Martin, Assistant Professor**

\*Activity subject to change

\*\*For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

## Thursday, November 18, 2021

2:50 pm – 3:00 pm	Welcome
3:00 pm – 3:27 pm	Approach to a patient with carotid bruit <b>Wes Oczkowski, Professor</b>
3:27 pm – 3:54 pm	Managing Hyperthyroidism <b>Meera Luthra, Associate Professor</b>
3:54 pm – 4:20 pm	Biologics in the management of rheumatological conditions <b>Alfred Cividino, Professor</b>
4:20 pm – 4:40 pm	<b>BREAK</b>
4:40 pm – 5:07 pm	Approach to a patient with chronic diarrhoea <b>Siwar Albashir, Assistant Professor</b>
5:07 pm – 5:34 pm	Update on Adult Congenital Heart Disease <b>Arsha Karbassi, Assistant Professor</b>
5:34 pm – 6:00 pm	An approach to the diagnosis of MGUS and Multiple Myeloma: When to refer to hematologist <b>Tom Kouroukis, Associate Professor</b>

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\*\*For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

## Accreditation Statement

McMaster University, Continuing Professional Development Office (CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by McMaster University, Continuing Professional Development Office (CPD) for up to **8.0 Mainpro+ credits**.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by McMaster University, Continuing Professional Development Office (CPD). You may claim a **maximum of 8.0 hours** (credits are automatically calculated).

Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: [ama-assn.org/go/internationalcme](http://ama-assn.org/go/internationalcme)

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.



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# REGISTRATION INFORMATION

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[cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)

## FOR MORE INFORMATION

**Angela Silla, Lead Event Coordinator**

[silla@mcmaster.ca](mailto:silla@mcmaster.ca)

## REGISTRATION FEES

### Full Fee (3 sessions)

**Physicians \$125.00 +HST**

**Other Health Care/Learners \$75.00 +HST**

### One Day Rate (1 session)

**Physicians \$50.00 +HST**

**Other Health Care/Learners \$35.00 +HST**

\*HST# 11903 5988 RT0001

## LIABILITY

Continuing Professional Development (CPD) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

## CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received 14 days prior to the date of the session will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

## CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CPD office.

## DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Professional Development Office requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

## ACCESSIBILITY NEEDS

If you have an accommodation need, please e-mail [silla@mcmaster.ca](mailto:silla@mcmaster.ca) to make the appropriate arrangements.

## VIDEO RECORDINGS

This event will be recorded and participants will receive access to the video recordings after the event for a period of 6 months. However, only participants who log into to the live event are eligible to receive a certificate of attendance for CME credits.



Follow us @McMasterCHSE #McMasterCPD  
Course hashtag #IntMed21

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