

12th McMaster University Review Course in
INTERNAL MEDICINE
September 23, October 21, November 18, 2021

VIRTUAL CPD CONFERENCE



Register online: mcmasterinternalmedicine.ca



HEALTH SCIENCES
Continuing Professional
Development



Michael G. DeGroot
SCHOOL OF MEDICINE

St. Joseph's
Healthcare Hamilton



Target Audience

General Internists, Subspecialists, Emergency Medicine Physicians, Hospitalists, Community Physicians, Family Physicians, General Practitioners, Interns, Residents, Physician Assistants, Nurse Practitioners and Trainees in Internal Medicine and its Subspecialties

Online Platform

The fall 2021 virtual course will consist of **3 half day** sessions that will occur once a month on a Thursday afternoon from 3:00 – 6:00 pm Eastern Standard Time. Each half day session will have 6 topics on Updates in Internal Medicine and will begin in **September 2021**. Registrants will have an option to register for an individual session or all three sessions.

For More Information

McMaster University, Continuing Professional Development
Angela Silla, Lead Event Coordinator
silla@mcmaster.ca

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

1. Apply a practical approach to the diagnosis and management of common problems encountered in hospital-based internal medicine practice.
2. Apply a practical approach to the diagnosis and management of common internal medicine problems encountered in the ambulatory care setting.
3. Integrate updates in evidence-based practice to enhance patient care Identify recent advances and controversies in internal medicine.

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McMaster University

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Angela Silla

Lead Event Coordinator
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McMaster University

Thursday, September 23, 2021

- 2:50 pm – 3:00 pm Welcome
- 3:00 pm – 3:27 pm Newer treatment approaches for Asthma
Helen Neighbour, Associate Professor
- 3:27 pm – 3:54 pm HIV/AIDS Update
Phillippe El-Helou, Associate Professor
- 3:54 pm – 4:20 pm Managing Hypertension: is there anything new?
Ally Prebtani, Professor
- 4:20 pm – 4:40 pm **BREAK**
- 4:40 pm – 5:07 pm An Approach to patient presenting with Syncope
Juan Guzman, Associate Professor
- 5:07 pm – 5:34 pm Approach to Insomnia in seniors
Brian Misiaszek, Associate Professor
- 5:34 pm – 6:00 pm Covid-19 Lessons Learned
Zain Chagla, Associate Professor

Thursday, October 21, 2021

- 2:50 pm – 3:00 pm Welcome
- 3:00 pm – 3:27 pm Management of PAD and when to refer to a vascular surgeon
Theodore Rapanos, Associate Professor
- 3:27 pm – 3:54 pm Myeloproliferative malignancies for the non hematologist
Chris Hillis, Assistant Professor
- 3:54 pm – 4:20 pm An approach to a patient with peripheral neuropathy
Steven Baker, Associate Professor
- 4:20 pm – 4:40 pm **BREAK**
- 4:40 pm – 5:07 pm An approach to a patient with unexplained weight loss
Jason Cheung, Associate Professor
- 5:07 pm – 5:34 pm Hemodialysis and peritoneal dialysis for the non nephrologist
Matthew Lanktree, Assistant Professor
- 5:34 pm – 6:00 pm Principles of inpatient addiction medicine
Leslie Martin, Assistant Professor

*Activity subject to change

**For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

Thursday, November 18, 2021

2:50 pm – 3:00 pm	Welcome
3:00 pm – 3:27 pm	Approach to a patient with carotid bruit Wes Oczkowski, Professor
3:27 pm – 3:54 pm	Managing Hyperthyroidism Meera Luthra, Associate Professor
3:54 pm – 4:20 pm	Biologics in the management of rheumatological conditions Alfred Cividino, Professor
4:20 pm – 4:40 pm	BREAK
4:40 pm – 5:07 pm	Approach to a patient with chronic diarrhoea Siwar Albashir, Assistant Professor
5:07 pm – 5:34 pm	Update on Adult Congenital Heart Disease Arsha Karbassi, Assistant Professor
5:34 pm – 6:00 pm	An approach to the diagnosis of MGUS and Multiple Myeloma: When to refer to hematologist Tom Kouroukis, Associate Professor

*Activity subject to change

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Accreditation Statement

McMaster University, Continuing Professional Development Office (CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by McMaster University, Continuing Professional Development Office (CPD) for up to **8.0 Mainpro+ credits**.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved by McMaster University, Continuing Professional Development Office (CPD). You may claim a **maximum of 8.0 hours** (credits are automatically calculated).

Through an agreement between The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: ama-assn.org/go/internationalcme

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.



8.0

REGISTRATION INFORMATION

REGISTRATION INFORMATION

cmereg@mcmaster.ca

FOR MORE INFORMATION

Angela Silla, Lead Event Coordinator

silla@mcmaster.ca

REGISTRATION FEES

Full Fee (3 sessions)

Physicians \$125.00 +HST

Other Health Care/Learners \$75.00 +HST

One Day Rate (1 session)

Physicians \$50.00 +HST

Other Health Care/Learners \$35.00 +HST

*HST# 11903 5988 RT0001

LIABILITY

Continuing Professional Development (CPD) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received 14 days prior to the date of the session will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CPD office.

DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Professional Development Office requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

ACCESSIBILITY NEEDS

If you have an accommodation need, please e-mail silla@mcmaster.ca to make the appropriate arrangements.

VIDEO RECORDINGS

This event will be recorded and participants will receive access to the video recordings after the event for a period of 6 months. However, only participants who log into the live event are eligible to receive a certificate of attendance for CME credits.



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Course hashtag #IntMed21

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