

12<sup>th</sup> McMaster University Review Course in

# INTERNAL MEDICINE

January 21, February 25, March 25, April 15, May 20, June 17, 2021

VIRTUAL CPD CONFERENCE



Register online: [mcmasterinternalmedicine.ca](https://mcmasterinternalmedicine.ca)



**HEALTH SCIENCES**  
Continuing Health Sciences  
Education



**St. Joseph's**  
Healthcare & Hamilton



## Target Audience

General Internists, Subspecialists, Emergency Medicine Physicians, Hospitalists, Community Physicians, Family Physicians, General Practitioners, Interns, Residents, Physician Assistants, Nurse Practitioners and Trainees in Internal Medicine and its Subspecialties

## Online Platform – Zoom

The 2021 Virtual Course will consist of **six half day sessions** that will occur once a month on a Thursday afternoon from 3:00–6:00 pm Eastern Standard Time. Each half day session will have six topics on Updates in Internal Medicine and will begin in January 2021.

Registrants will have an option to register for an individual session or all six sessions.

## For More Information

McMaster University, Continuing Health Sciences Education  
Angela Silla, CHSE Lead Coordinator  
[silla@mcmaster.ca](mailto:silla@mcmaster.ca)

## LEARNING OBJECTIVES

By attending this activity, participants will be able to:

1. Learn practical approaches to medical problems from different disciplines of internal medicine encountered by hospital-based medicine practitioners.
2. Learn practical approaches to medical problems from different disciplines of medicine encountered in ambulatory settings.
3. Appreciate the breadth of internal medicine problems faced by clinicians.
4. Learn about controversies in internal medicine.
5. Update knowledge in problems encountered in internal medicine.

## DIRECTOR & CHAIR

### **Dr. Akbar A. Panju**

Medard DeGroot Chair  
Professor, Department of Medicine  
McMaster University

## CO CHAIRS

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Dean and Vice-President  
Faculty of Health Sciences  
McMaster University

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Professor  
Department of Medicine  
McMaster University

### **Mark Crowther**

Professor and Chair  
Department of Medicine  
McMaster University

### **Ally P. H. Prebtani**

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Department of Medicine  
McMaster University

### **Nishma Singhal**

Associate Professor  
McMaster University

## PLANNING COMMITTEE

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McMaster University

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McMaster University

### **Sonia Anand**

Professor  
McMaster University

### **Danielle Stayzer**

Program Manager  
Continuing Professional Development  
Office (CPD)  
McMaster University

### **Angela Silla**

CHSE Lead Coordinator  
Continuing Health Sciences  
Education (CHSE)  
McMaster University

## SPEAKER AFFILIATIONS

**Shamir Mehta**  
Professor

**Jeff Healey**  
Professor

**Luciana Catanese**  
Assistant Professor

**Dominik Mertz**  
Associate Professor

**Anne Holbrook**  
Professor

**Bram Rochweg**  
Assistant Professor

**Hertzel C. Gerstein**  
Professor

**Serena Gundy**  
Assistant Professor

**Guillaume Paré**  
Professor

**Aliya Khan**  
Clinical Professor

**Faiza Khokhar**  
Clinical Scholar

**Seychelle Yohanna**  
Assistant Professor

**Barbara Connolly**  
Associate Professor

**Joshua Wald**  
Assistant Professor

**Christopher Patterson**  
Professor Emeritus

**Peter Gross**  
Associate Professor

**Menaka Pai**  
Associate Professor

**Rick Tytus**  
Associate Clinical Professor

**Sean Wharton**  
Assistant Clinical Professor (Adjunct)

**Aly-Khan Lalani**  
Assistant Professor

**Edward Matsumoto**  
Associate Professor

**Barry Lumb**  
Professor

**Marco Puglia**  
Assistant Professor

**Flavia Kessler-Borges**  
Assistant Professor

**Jill Rudkowski**  
Associate Professor

**Catherine Demers**  
Associate Professor

**Douglas Wright**  
Assistant Professor

**Mitchell Levine**  
Professor

**Wendy Lim**  
Associate Professor

**James Douketis**  
Professor

**Matthew Miller**  
Associate Professor

**Nathan Hamby**  
Assistant Professor

**Derek Chu**  
Clinical Scholar

**Stephanie Garner**  
Assistant Professor

**Eva Piessens**  
Associate Professor

**Rosalyn Juergens**  
Associate Professor

## ACCREDITATION STATEMENTS

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of **The College of Family Physicians of Canada** and has been certified by McMaster University, Continuing

Health Sciences Education Program for up to **16.5** Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University, Continuing Health Sciences Education Program. You may claim a maximum of **16.5** hours (credits are automatically calculated).

Through an agreement between The Royal College of Physicians and

Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: [ama-assn.org/go/internationalcme](http://ama-assn.org/go/internationalcme)

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

## Thursday January 21, 2021

- 3:00 pm–3:27 pm What's new in the management of Acute Coronary Syndrome  
**Shamir Mehta**
- 3:27 pm–3:54 pm Managing Atrial Fibrillation (including stress induced and subclinical)  
**Jeff Healey**
- 3:54 pm–4:20 pm Hyperacute Stroke: What do you need to know  
**Luciana Catanese**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Covid-19 Update  
**Dominik Mertz**
- 5:07 pm–5:34 pm Use of Opioids and non opioids in the management of Non cancer pain  
**Anne Holbrook**
- 5:34 pm–6:00 pm Update on Septic Shock  
**Bram Rochweg**

## Thursday February 25, 2021

- 3:00 pm–3:27 pm Managing Diabetes: What's new?  
**Hertzel Gerstein**
- 3:27 pm–3:54 pm Pregnancy as a window to future health  
**Serena Gundy**
- 3:54 pm–4:20 pm Who, When and How to treat Hyperlipedemia  
**Guillame Pare**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Osteoporosis: A practical approach  
**Aliya Khan**
- 5:07 pm–5:34 pm Approach to acute polyarthritis  
**Faiza Khohkar**
- 5:34 pm–6:00 pm Managing Acute kidney injury in a hospitalized patient  
**Seychelle Yohanna**

\*Activity subject to change

\*\*For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

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**Virtual CPD Conference**

## Thursday March 25, 2021

- 3:00 pm–3:27 pm Practical Approach to Movement Disorders  
**Barbara Connolly**
- 3:27 pm–3:54 pm Update on COPD  
**Joshua Wald**
- 3:54 pm–4:20 pm Update on Dementia  
**Christopher Patterson**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Prevention and Treatment of Venous Thrombosis  
**Peter Gross**
- 5:07 pm–5:34 pm Evaluating anemia: when to refer and when to follow  
**Menaka Pai**
- 5:34 pm–6:00 pm Virtual Medicine  
**Rick Tytus**

## Thursday April 15, 2021

- 3:00 pm–3:27 pm Obesity Management in 2021  
**Sean Wharton**
- 3:27 pm–3:54 pm Oncological Emergencies (including side effects of new cancer treatments)  
**Aly-Khan Lalani**
- 3:54 pm–4:20 pm Update on Prostate cancer screening, diagnosis and treatment  
**Edward Matsumoto**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm How to approach abnormal liver function tests  
**Barry Lumb**
- 5:07 pm–5:34 pm Cirrhosis: diagnosis and management  
**Marco Puglia**
- 5:34 pm–6:00 pm Performing a Pre-operative Evaluation  
**Flavia Kessler-Borges**

\*Activity subject to change

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## Thursday May 20, 2021

- 3:00 pm–3:27 pm Goals of Care Conversation: An evidence-based approach  
**Jill Rudkowski**
- 3:27 pm–3:54 pm Management of Acute Heart failure  
**Catherine Demers**
- 3:54 pm–4:20 pm Managing a patient who has aortic stenosis or mitral regurgitation: when to refer to procedure  
**Douglas Wright**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm When to consider medical cannabis  
**Mitch Levine**
- 5:07 pm–5:34 pm How do I interpret and manage a high serum ferritin  
**Wendy Lim**
- 5:34 pm–6:00 pm Managing anticoagulants and antiplatelets in the peri-operative period  
**Jim Douketis**

## Thursday June 17, 2021

- 3:00 pm–3:27 pm How to follow a patient with chronic kidney disease in the community: when to refer?  
**Matt Miller**
- 3:27 pm–3:54 pm Diagnosis and treatment of Pulmonary Hypertension  
**Nathan Hambly**
- 3:54 pm–4:20 pm Oxygen therapy and non invasive ventilation in acute and non acute medicine  
**Derek Chu**
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Update on Giant Cell Arteritis and Polymyalgia Rheumatica  
**Stephanie Garner**
- 5:07 pm–5:34 pm Diabetic foot infections  
**Eva Piessens**
- 5:34 pm–6:00 pm Immune Therapy for Cancer Treatment  
**Rosalyn Juergens**

\*Activity subject to change

\*\*For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

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**Virtual CPD Conference**

# REGISTRATION INFORMATION

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[cmereg@mcmaster.ca](mailto:cmereg@mcmaster.ca)

## FOR MORE INFORMATION

**Angela Silla, CHSE Lead Coordinator**

[silla@mcmaster.ca](mailto:silla@mcmaster.ca)

## REGISTRATION FEES

### Full Fee (6 sessions)

**Physicians \$250.00 +HST**

**Other Health Care/Learners \$175.00 +HST**

### One Day Rate (1 session)

**Physicians \$50.00 +HST**

**Other Health Care/Learners \$35.00 +HST**

\*HST# 11903 5988 RT0001

## LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

## CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received 14 days prior to the date of the session will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

## CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

## DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Health Sciences Education Program requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

## ACCESSIBILITY NEEDS

If you have an accommodation need, please e-mail [silla@mcmaster.ca](mailto:silla@mcmaster.ca) to make the appropriate arrangements.



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Course hashtag #IntMed21

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