

12th McMaster University Review Course in

INTERNAL MEDICINE

January 21, February 25, March 25, April 15, May 20, June 17, 2021

VIRTUAL CPD CONFERENCE



Register online: mcmasterinternalmedicine.ca



HEALTH SCIENCES
Continuing Professional
Development



St. Joseph's
Healthcare Hamilton



Target Audience

General Internists, Subspecialists, Emergency Medicine Physicians, Hospitalists, Community Physicians, Family Physicians, General Practitioners, Interns, Residents, Physician Assistants, Nurse Practitioners and Trainees in Internal Medicine and its Subspecialties

Online Platform – Zoom

The 2021 Virtual Course will consist of **six half day sessions** that will occur once a month on a Thursday afternoon from 3:00–6:00 pm Eastern Standard Time. Each half day session will have six topics on Updates in Internal Medicine and will begin in January 2021.

Registrants will have an option to register for an individual session or all six sessions.

For More Information

McMaster University, Continuing Professional Development
Angela Silla, Lead Event Coordinator
silla@mcmaster.ca

LEARNING OBJECTIVES

By attending this activity, participants will be able to:

1. Learn practical approaches to medical problems from different disciplines of internal medicine encountered by hospital-based medicine practitioners.
2. Learn practical approaches to medical problems from different disciplines of medicine encountered in ambulatory settings.
3. Appreciate the breadth of internal medicine problems faced by clinicians.
4. Learn about controversies in internal medicine.
5. Update knowledge in problems encountered in internal medicine.

DIRECTOR & CHAIR

Dr. Akbar A. Panju

Medard DeGroot Chair
Professor, Department of Medicine
McMaster University

CO CHAIRS

Paul O'Byrne

Dean and Vice-President
Faculty of Health Sciences
McMaster University

Khalid Azzam

Professor
Department of Medicine
McMaster University

Mark Crowther

Professor and Chair
Department of Medicine
McMaster University

Ally P. H. Prebtani

Professor
Department of Medicine
McMaster University

Nishma Singhal

Associate Professor
McMaster University

PLANNING COMMITTEE

John Neary

Associate Professor
McMaster University

Marianne Talman

Associate Professor
McMaster University

Mohamed Panju

Associate Professor
McMaster University

Zara Khalid

Associate Professor
McMaster University

Anne Holbrook

Professor
McMaster University

Sharon Marr

Associate Professor
McMaster University

Rick Tytus

Associate Clinical Professor
McMaster University

Samir Raza

Assistant Professor
McMaster University

Sonia Anand

Professor
McMaster University

Danielle Stayzer

Program Manager
Continuing Professional
Development Office (CPD)
McMaster University

Angela Silla

Lead Event Coordinator
Continuing Professional
Development Office (CPD)
McMaster University

SPEAKER AFFILIATIONS

Shamir Mehta
Professor

Jeff Healey
Professor

Luciana Catanese
Assistant Professor

Dominik Mertz
Associate Professor

Anne Holbrook
Professor

Bram Rochweg
Assistant Professor

Hertzel C. Gerstein
Professor

Serena Gundy
Assistant Professor

Guillaume Paré
Professor

Aliya Khan
Clinical Professor

Faiza Khokhar
Clinical Scholar

Seychelle Yohanna
Assistant Professor

Barbara Connolly
Associate Professor

Joshua Wald
Assistant Professor

Christopher Patterson
Professor Emeritus

Peter Gross
Associate Professor

Menaka Pai
Associate Professor

Rick Tytus
Associate Clinical Professor

Sean Wharton
Assistant Clinical Professor (Adjunct)

Aly-Khan Lalani
Assistant Professor

Edward Matsumoto
Associate Professor

Barry Lumb
Professor

Marco Puglia
Assistant Professor

Flavia Kessler-Borges
Assistant Professor

Jill Rudkowski
Associate Professor

Catherine Demers
Associate Professor

Douglas Wright
Assistant Professor

Mitchell Levine
Professor

Wendy Lim
Associate Professor

James Douketis
Professor

Matthew Miller
Associate Professor

Nathan Hamblly
Assistant Professor

Derek Chu
Clinical Scholar

Stephanie Garner
Assistant Professor

Eva Piessens
Associate Professor

Rosalyn Juergens
Associate Professor

ACCREDITATION STATEMENTS

McMaster University, Continuing Professional Development Office (CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro+ and RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

This one-credit-per-hour Group Learning program meets the certification criteria of **The College of Family Physicians of Canada** and has been certified by McMaster

University, Continuing Professional Development Office for up to **16.5** Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of **The Royal College of Physicians and Surgeons of Canada** and approved by McMaster University, Continuing Professional Development Office. You may claim a maximum of **16.5** hours (credits are automatically calculated).

Through an agreement between

The Royal College of Physicians and Surgeons of Canada and The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at: ama-assn.org/go/internationalcme

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

Thursday January 21, 2021

- 3:00 pm–3:27 pm What's new in the management of Acute Coronary Syndrome
Shamir Mehta
- 3:27 pm–3:54 pm Managing Atrial Fibrillation (including stress induced and subclinical)
Jeff Healey
- 3:54 pm–4:20 pm Hyperacute Stroke: What do you need to know
Luciana Catanese
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Covid-19 Update
Dominik Mertz
- 5:07 pm–5:34 pm Use of Opioids and non opioids in the management of Non cancer pain
Anne Holbrook
- 5:34 pm–6:00 pm Update on Septic Shock
Bram Rochweg

Thursday February 25, 2021

- 3:00 pm–3:27 pm Managing Diabetes: What's new?
Hertzel Gerstein
- 3:27 pm–3:54 pm Pregnancy as a window to future health
Serena Gundy
- 3:54 pm–4:20 pm Who, When and How to treat Hyperlipedemia
Guillame Pare
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Osteoporosis: A practical approach
Aliya Khan
- 5:07 pm–5:34 pm Approach to acute polyarthritis
Faiza Khokhar
- 5:34 pm–6:00 pm Managing Acute kidney injury in a hospitalized patient
Seychelle Yohanna

*Activity subject to change

**For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

Register online: mcmasterinternalmedicine.ca

Virtual CPD Conference

Thursday March 25, 2021

- 3:00 pm–3:27 pm Practical Approach to Movement Disorders
Barbara Connolly
- 3:27 pm–3:54 pm Update on COPD
Joshua Wald
- 3:54 pm–4:20 pm Update on Dementia
Christopher Patterson
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Prevention and Treatment of Venous Thrombosis
Peter Gross
- 5:07 pm–5:34 pm Evaluating anemia: when to refer and when to follow
Menaka Pai
- 5:34 pm–6:00 pm Virtual Medicine
Rick Tytus

Thursday April 15, 2021

- 3:00 pm–3:27 pm Obesity Management in 2021
Sean Wharton
- 3:27 pm–3:54 pm Oncological Emergencies (including side effects of new cancer treatments)
Aly-Khan Lalani
- 3:54 pm–4:20 pm Update on Prostate cancer screening, diagnosis and treatment
Edward Matsumoto
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm How to approach abnormal liver function tests
Barry Lumb
- 5:07 pm–5:34 pm Cirrhosis: diagnosis and management
Marco Puglia
- 5:34 pm–6:00 pm Performing a Pre-operative Evaluation
Flavia Kessler-Borges

*Activity subject to change

**For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

Register online: mcmasterinternalmedicine.ca

Virtual CPD Conference

Thursday May 20, 2021

- 3:00 pm–3:27 pm Goals of Care Conversation: An evidence-based approach
Jill Rudkowski
- 3:27 pm–3:54 pm Management of Acute Heart failure
Catherine Demers
- 3:54 pm–4:20 pm Managing a patient who has aortic stenosis or mitral regurgitation: when to refer to procedure
Douglas Wright
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm When to consider medical cannabis
Mitch Levine
- 5:07 pm–5:34 pm How do I interpret and manage a high serum ferritin
Wendy Lim
- 5:34 pm–6:00 pm Managing anticoagulants and antiplatelets in the peri-operative period
Jim Douketis

Thursday June 17, 2021

- 3:00 pm–3:27 pm How to follow a patient with chronic kidney disease in the community: when to refer?
Matt Miller
- 3:27 pm–3:54 pm Diagnosis and treatment of Pulmonary Hypertension
Nathan Hambly
- 3:54 pm–4:20 pm Oxygen therapy and non invasive ventilation in acute and non acute medicine
Derek Chu
- 4:20 pm–4:40 pm **Break/Virtual Exhibit Hall**
- 4:40 pm–5:07 pm Update on Giant Cell Arteritis and Polymyalgia Rheumatica
Stephanie Garner
- 5:07 pm–5:34 pm Diabetic foot infections
Eva Piessens
- 5:34 pm–6:00 pm Immune Therapy for Cancer Treatment
Rosalyn Juergens

*Activity subject to change

**For interactivity each talk will be 20 minutes and will include 2 questions using an Audience Response System in addition to a Q&A following each talk

Register online: mcmasterinternalmedicine.ca

Virtual CPD Conference

REGISTRATION INFORMATION

REGISTRATION INFORMATION

cmereg@mcmaster.ca

FOR MORE INFORMATION

Angela Silla, Lead Event Coordinator

silla@mcmaster.ca

REGISTRATION FEES

Full Fee (6 sessions)

Physicians \$250.00 +HST

Other Health Care/Learners \$175.00 +HST

One Day Rate (1 session)

Physicians \$50.00 +HST

Other Health Care/Learners \$35.00 +HST

*HST# 11903 5988 RT0001

LIABILITY

Continuing Professional Development (CPD) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual participating in this activity.
- That may result from the use of technologies, program, products and/or services during this activity.
- That may arise out of, or during this activity.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received 14 days prior to the date of the session will be refunded less a 25% administrative fee to a maximum of \$50.00. No refunds will be issued for cancellations received after this date.

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity. Receipts are emailed at the time of registration and an additional email will be sent after the activity, confirming your certificate of attendance is ready to download or print. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CPD office.

DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation requirements and the National Standard for Support, McMaster University, Continuing Professional Development Office requires that all speakers, planning committee members, moderators, facilitators and authors participating in this activity must disclose all relationships with for-profit and not-for-profit organizations over the previous two years. Disclosure must be done in print, verbally, and in writing on a slide prior to the speaker's presentation.

ACCESSIBILITY NEEDS

If you have an accommodation need, please e-mail silla@mcmaster.ca to make the appropriate arrangements.



Follow us @McMasterCHSE #McMasterCPD

Course hashtag #IntMed21

Register online: mcmasterinternalmedicine.ca

Virtual CPD Conference